

**Park West Church of God Food Pantry
Suggested Donation List**

Canned Vegetables (12-16 oz.)

Corn, Green Beans, Peas, Pinto Beans, Baked Beans, Greens,
Potatoes

Canned Fruits (12-16 oz.)

Peaches, Fruit Cocktail, Pineapple, Pears

Canned Meats (6-12 oz.)

Tuna, Chicken

Other Canned Items (10-16 oz.)

Spaghetti Sauce, Soups

Dry Goods

Regular Oatmeal (Box of individual packs)

Rice (14 oz.)

Saltine or Ritz Crackers

Bag Cereal- Generics (Corn Flakes, Cheerios, Fruit Loops)

Muffin Mixes

Corn Bread Mix (7-12 oz.)

Biscuit Mix

Instant Potatoes (Box or packet)

Instant Pudding mix (3-5 oz.)

Spaghetti (8-16 oz.)

Macaroni and Cheese (7-8 oz.)

Ramen noodles

Other Items

Peanut Butter (18 oz.)

Jelly (Strawberry or Grape)

Mustard, Mayo, Ketchup (16-20 oz.)

Hygiene Items

Toothbrushes (children's and adult)

Toothpaste, shampoo, deodorant (travel size)

Bar soap or body wash